



# OCTOBER | 2017

## Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Strawberry Pop Tart Granola Bar Fruit Juice Milk	<b>3</b> Chocolate Donut Fruit Juice Milk	<b>4</b> Banana Muffin & Cereal Fruit Juice Milk	<b>5</b> Sausage Gravy Pizza Fruit Juice Milk	<b>6</b> Apple Frudel Fruit Juice Milk
<b>9</b> Chocolate Pop Tart Granola Bar Fruit Juice Milk	<b>10</b> Powdered Donut Fruit Juice Milk	<b>11</b> Blueberry Muffin & Cereal Fruit Juice Milk	<b>12</b> Elearning Day	<b>13</b> Cinnamon Minis Fruit Juice Milk
<b>16</b> Strawberry Pop Tart Granola Bar Fruit Juice Milk	<b>17</b> Chocolate Donut Fruit Juice Milk	<b>18</b> Banana Muffin & Cereal Fruit Juice Milk	<b>19</b> Bacon Egg Pizza Fruit Juice Milk	<b>20</b> Apple Frudel Fruit Juice Milk
<b>23</b> No School Fall Break	<b>24</b> No School Fall Break	<b>25</b> No School Fall Break	<b>26</b> No School Fall Break	<b>27</b> No School Fall Break
<b>30</b> Chocolate Pop Tart Granola Bar Fruit Juice Milk	<b>31</b> Powdered Donut Fruit Juice Milk			

### News

**This institution is an equal opportunity provider.**

**Menu subject to change without notice.**

**Breakfast Served**  
**Sharp Creek Elem 7:50-8:10**  
**Metro North Elem 8:10-8:30**  
**Southwood Elem 7:50-8:25**  
**Northfield High 7:50-8:10**  
**Southwood High 7:50-8:10**

**If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.**

**Visit Our New Facebook Site:  
 MSDFoodService**