



OCTOBER | 2017

Jr Sr High Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Macaroni & Cheese Muffin Baked Beans Steamed Broccoli Fruit (2) Milk	3 Country Fried Steak Mashed Potatoes w/ Gravy Green Beans Dinner Roll & Marg Fruit (2) Milk	4 Stuffed Crust Cheese Pizza Fresh Baby Carrots Tossed Salad w/ Lt Dressing Fruit (2) Cookie Milk	5 Grilled Chicken Patty on Bun w/ Cheese , Lettuce, Tomato, Onion Baked Chips Veggie Cup (#1) w/ Dip Fruit (2) Milk	6 Corn Dog Potato Wedges Peas Fruit (2) Jell-O w/ Whip Topping Milk
9 Breaded Chicken Patty on Bun w/ Lettuce, Tomato, Onion Au Gratin Potatoes Green Beans Fruit (2) Milk	10 Nachos w/ Meat & Cheese Salsa Fiesta Black Beans Corn Fruit (2) Milk	11 Stuffed Crust Sausage Pizza California Blend Vegetables Side Salad w/ Lt Dressing Fruit (2) Cookie Milk	12 ELearning Day	13 Philly Beef & Cheese Sub w/ Sauté Onions & Green Peppers Onion Rings Italian Vegetables Fruit (2) Milk
16 Cheeseburger on Bun w/ Lettuce, Tomato, Onion Baked Beans Waffle Fries Fruit (2) Milk	17 Stuffed Crust Pepperoni Pizza Fresh Baby Carrots Side Salad w/ Lt Dressing Fruit (2) Cookie Milk	18 Beef Chili Soup w/ Crackers & Shred Cheddar Toasted Cheese Sandwich Veggie Cup (#2) w/ Dip Fruit (2) Milk	19 Rotini in Meat Sauce Green Beans Steamed Cauliflower Garlic Toast (2) Fruit (2) Milk	20 Popcorn Chicken Mashed Potatoes & Gravy Corn Dinner Roll & Marg Fruit (2) Milk
23 No School Fall Break	24 No School Fall Break	25 No School Fall Break	26 No School Fall Break	27 No School Fall Break
30 Stuffed Cheese Breadsticks w/ Marinara Sauce Cooked Carrots Side Salad w/ Dressing Fruit (2) Milk	31 Tenderloin on Bun w/ Lettuce, Tomato, Onion Baked Beans Green Beans Fruit (2) Milk	National School Lunch Week October 9-13, 2017		

News

There are 3 ways to make complete reimbursable meal for all students.

**Main Tray Line
 Salad Bar
 Ala Carte**

Students may substitute the main entrée for a PB & Jelly Sandwich Kit. Just ask cashier if you have any questions.

This institution is an equal opportunity provider.

Menu subject to change without notice.

**Lunch Served
 Northfield High 11:15 am – 12:35 pm
 Southwood High 11:15 am – 12:35 pm**

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

**Visit Our New Facebook Site:
 MSDFoodService**

Grades 9-12 only due to Calories or Sodium Levels