



SEPTEMBER | 2018

Jr Sr High Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Labor Day No School	4 Walking Taco w/ Nacho Chips, Taco Meat, Cheese, Lettuce, Onions, Salsa, Sour Cream Refried Beans Fruit (2) Milk	5 Orange Stir Fry Chicken On Asian Rice Stir Fry Vegetables Corn on Cob (2) Fruit (2) Fortune Cookie Milk	6 Cavatina Garlic Toast (2) Green Beans Cooked Carrots Fruit (2) Milk	7 Philly Beef on Sub Bun w/ White Italian Cheese Sauce, Sautee Green Peppers, Onions Onion Rings Italian Vegetables Fruit (2) Milk
10 Hot Dog on Bun w/ Relish & Onions Tater Tots Peas Fruit (2) Cookie Milk	11 Nachos w/ Meat & Cheese Salsa Fiesta Black Beans Corn Fruit (2) Milk	12 Pepperoni Pizza California Blend Vegetable Tossed Salad w/ Dressing Fruit (2) Frozen Juice Cup Milk	13 Elearning Day	14 Chicken Quesadilla w/ Sour Cream Cooked Carrots Cauliflower w/ Cheese Sauce Fruit (2) Jell-O w/ Whip Topping Milk
17 Cheeseburger on Bun w/ Lettuce, Tomato, Onion Baked Beans Waffle Fries Fruit (2) Milk	18 Ham & Cheese on Sub Bun w/ Lettuce, Tomato, Onion Fresh Baby Carrots Tossed Salad w/ Dressing Fruit (2) Milk	19 Chicken Tender Wrap w/ Lettuce & Shred Cheddar RF Doritos Chips Veggie Cup w/ Dip Fruit (2) Milk	20 Baja Fish Sticks Mini Loaf Bread Green Beans Cauliflower w/ Cheese Sauce Fruit (2) Milk	21 Popcorn Chicken Bowl w/ Mashed Potatoes & Gravy Corn Dinner Roll w/ Marg Fruit (2) Milk
24 Bosco Cheese Breadsticks w/ Marinara Sauce Cup Cooked Carrots Tossed Salad w/ Dressing Fruit (2) Milk	25 Tenderloin on Bun w/ Lettuce, Tomato, Onion Baked Beans Green Beans Fruit (2) Milk	26 Chicken & Noodles Mashed Potatoes Corn Sliced Bread (2) & Marg (2) Fruit (2) Milk	27 Taco Pizza Wedges w/ Sour Cream Mexican Rice Fiesta Black Beans Steamed Broccoli Fruit (2) Milk	28 Chicken Nuggets Hash Brown Patty Scandinavian Vegetables Dinner Roll w/ Marg Fruit (2) Milk

News

There are 3 ways to make complete reimbursable meal for all students.

Main Tray Line
Salad Bar
Ala Carte

Students may substitute the main entrée for a **PB & Jelly Sandwich Kit**. Just ask cashier if you have any questions.

This institution is an equal opportunity provider.

Menu subject to change without notice.

Lunch Served
Northfield High 11:15 am – 12:35 pm
Southwood High 11:15 am – 12:35 pm

Lunch Prices
Reduced \$.40 Paid \$2.60
2nd Lunch Tray \$2.85

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

Visit Our New Facebook Site:
MSDFoodService

Grades 9-12 only due to Calories or Sodium Levels