



# JANUARY | 2019

## Elementary Lunch

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|---|---|--|---|
| 31   | 1<br>No School<br>Christmas Break   | 2<br>No School<br>Christmas Break   | 3<br>No School<br>Christmas Break  | 4<br>No School<br>Christmas Break   |
| 7<br>Popcorn Chicken<br>Cooked Carrots<br>Green Beans<br>Fruit<br>Cookie<br>Milk   | 8<br>Hot Dog on Bun<br>Smile Fries<br>Baked Beans<br>Fruit<br>Milk  | 9<br>Nachos w/ Meat & Cheese<br>Steamed Broccoli<br>Corn<br>Fruit<br>Milk                     | 10<br>Cheese Pizza<br>Tossed Salad w/ Lt Dressing<br>Steamed Cauliflower<br>Fruit<br>Jello<br>Milk | 11<br>Egg/Cheese English Muffin<br>Hash Brown Patty<br>Peas<br>Fruit<br>Milk                |
| 14<br>Hamburger on Bun<br>Baked Beans<br>Waffle Fries<br>Fruit<br>Milk   | 15<br>Stuffed Cheese Breadsticks<br>w/ Marinara Sauce Dip<br>Green Beans<br>California Blend Vegetables<br>Fruit<br>Pudding Cup<br>Milk | 16<br>Chicken & Noodles<br>Mashed Potatoes<br>Corn<br>Dinner Roll & Marg<br>Fruit<br>Milk     | 17<br>Toasted Cheese Sandwich<br>Chili Soup<br>Veggie Cup w/ Dip<br>Fruit<br>Milk                  | 18<br>Pepperoni Pizza<br>Fresh Baby Carrots<br>Tossed Salad w/ Lt Dressing<br>Fruit<br>Milk |
| 21<br>Chicken Tenders<br>Au Gratin Potatoes<br>Green Beans<br>Fruit<br>Milk  | 22<br>Country Fried Steak<br>Mashed Potatoes w/ Gravy<br>Peas<br>Fruit<br>Milk  | 23<br>Brd Chicken Patty on Bun<br>Baby Carrots<br>Steamed Broccoli<br>Fruit<br>Milk           | 24<br>Rotini w/ Meat Sauce<br>Garlic Toast<br>Corn<br>Fruit<br>Milk                                | 25<br>Corn Dog<br>Baked Beans<br>Tater Tots<br>Fruit<br>Milk                                |
| 28<br>Ham & Cheese on Hawaiian Bun<br>String Cheese<br>Munch Snack Mix<br>Cooked Cauliflower<br>Green Beans<br>Fruit<br>Milk | 29<br>Chicken Drum Stick<br>Seasoned Hash Brown Cubes<br>Cooked Carrots<br>Dinner Roll w/ Marg<br>Fruit<br>Milk                         | 30<br>Taco Salad w/ RF Doritos<br>w/ Lettuce, Cheese, Salsa<br>Refried Beans<br>Fruit<br>Milk | 31<br>Chicken Nuggets<br>Mashed Potatoes & Gravy<br>Corn<br>Fruit<br>Milk                          | 1   |

### News

Students may substitute the main entrée for a PB & Jelly Sandwich Kit

This institution is an equal opportunity provider.

Menu subject to change without notice.

#### Lunch Served

Sharp Creek Elem 11:15-12:30  
Metro North Elem 10:30-11:30  
Southwood Elem 11:10-12:50

#### Lunch Prices

Reduced \$.40 Paid \$2.45

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

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