



JANUARY | 2019

Jr Sr High Lunch

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|
| 31 | 1 No School Christmas Break | 2 No School Christmas Break | 3 No School Christmas Break | 4 No School Christmas Break |
| 7 Salisbury Steak Mashed Potatoes & Gravy Corn Breakfast Bread Fruit (2) Milk | 8 Walking Taco w/ Nacho Chips, Taco Meat, Cheese, Lettuce, Onions, Salsa, Sour Cream Refried Beans Fruit (2) Milk | 9 Cavatina Garlic Toast (2) Green Beans Cooked Carrots Fruit (2) Milk | 10 Orange Stir Fry Chicken On Asian Rice Spring Chicken Egg Roll Asian Blend Vegetables Midori Vegetables Fruit (2) Fortune Cookie Milk | 11 Philly Beef on Sub Bun w/ White Italian Cheese Sauce Sauté Green Peppers & Onions Potato Bites Maui Vegetables Fruit (2) Milk |
| 14 Hot Dog w/ Relish & Onion Sidewinder Fries Peas Fruit (2) Cookie Milk | 15 Nachos w/ Meat & Cheese Salsa Fiesta Black Beans Corn Fruit (2) Milk | 16 Pepperoni Pizza California Blend Vegetables Tossed Salad w/ Dressing Fruit (2) Frozen Juice Cup Milk | 17 Chicken Quesadilla w/ Sour Cream Cooked Carrots Cauliflower w/ Cheese Sauce Fruit (2) Jello w/ Topping Milk | 18 Brd Chicken Patty on Bun w/ Lettuce, Tomato, Onion Au Gratin Potatoes Green Beans Fruit (2) Milk |
| 21 BBQ Pulled Pork on Bun w/ Onions & Pickles Potato Cakes (2) Green Beans Fruit (2) Milk | 22 Chicken Tenders Wrap w/ Lettuce & Shred Cheddar RF Doritos Chips Veggie Cup w/ Dip Fruit (2) Milk | 23 Ham & Cheese on Hawaiian Bun (2) String Cheese (Jr High only) Cooked Carrots Tossed Salad w/ Dressing Fruit (2) Milk | 24 Cheeseburger on Bun w/ Lettuce, Tomato, Onion Baked Beans Waffle Fries Fruit (2) Milk | 25 Popcorn Chicken Bowl w/ Mashed Potatoes & Gravy Corn Dinner Roll w/ Marg Fruit (2) Milk |
| 28 Bosco Cheese Breadsticks w/ Marinara Sauce Cooked Carrots Tossed Salad w/ Dressing Fruit (2) Milk | 29 Chicken & Noodles Mashed Potatoes Corn Sliced Bread (2) & Marg (2) Fruit (2) Milk | 30 Tenderloin on Bun w/ Lettuce, Tomato, Onion Baked Beans Green Beans Fruit (2) Milk | 31 Toasted Cheese Sandwich Chili Soup Goldfish Crackers Veggie Cup w/ Dip Fruit (2) Milk | 1 |

News

There are 3 ways to make complete reimbursable meal for all students.
Main Tray Line
Salad Bar
Ala Carte

Students may substitute the main entrée for a PB & Jelly Sandwich Kit. Just ask cashier if you have any questions.

This institution is an equal opportunity provider.

Menu subject to change without notice.

Lunch Served
Northfield High 11:15 am – 12:35 pm
Southwood High 11:15 am – 12:35 pm

Lunch Prices
Reduced \$3.40 Paid \$2.60
2nd Lunch Tray \$2.85

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

Visit Our New Facebook Site:
MSDFoodService

Grades 9-12 only due to
Calories or Sodium Levels