

SEPTEMBER | 2020



Jr Sr High Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 Breakfast Boat Hash Browns, Scr Eggs, White Gravy, Shred Cheddar Vegetable Juice Cinnamon Pretzel Stick Assorted Fruit (2) Ice Cold Milk	2 Italian Beef Calzone California Blend Vegetables Tossed Salad w/ Dressing Assorted Fruit (2) Ice Cold Milk	3 Nachos w/ Meat & Cheese Salsa Ranchero Beans Corn Assorted Fruit (2) Ice Cold Milk	4 Chicken Sandwich Potato Casserole Green Beans Assorted Fruit (2) Ice Cold Milk
7 Labor Day No School	8 Walking Taco w/ Nacho Chip, Taco Meat, Cheese, Lettuce, Onions, Salsa, Sour Cream Fiesta Taco Beans Assorted Fruit (2) Ice Cold Milk	9 BBQ Pulled Pork Potato Bowl Topped with Cheese, Tomatoes, Onions, Sour Cream Bread Stick (1) Bread Sticks (2) Key West Vegetables Assorted Fruit (2) Ice Cold Milk	10 General Tso's Chicken On Asian Rice Spring Chicken Egg Roll Asian Blend Vegetables Midori Vegetables Assorted Fruit (2) Fortune Cookie Ice Cold Milk	11 Chicken Quesadilla Salsa Cooked Carrots Green Beans Assorted Fruit (2) Jell-O w/ Whip Topping Ice Cold Milk
14 Homestyle Chicken Sandwich w/ Lettuce & Tomato Baked Beans Steamed Cauliflower Assorted Fruit (2) Ice Cold Milk	15 Bosco Cheese Breadsticks w/Marinara Sauce Green Beans Tossed Salad w/ Dressing Assorted Fruit (2) Ice Cold Milk	16 Chicken Nuggets Hash Brown Patty (2) Scandinavian Vegetables Dinner Roll w/ Marg Assorted Fruit (2) Ice Cold Milk	17 Chili Cheese Nachos w/ Sour Cream 3/4c Baby Carrots w/ Dip Assorted Fruit (2) Ice Cold Milk	18 Pepperoni Pizza Corn Cheesy Broccoli Assorted Fruit (2) Mini Ice Cream Bar Ice Cold Milk
21 Bacon Cheeseburger w/ Lettuce, Tomato, Onion Sweet Potato Fries Brussel Sprouts Assorted Fruit (2) Ice Cold Milk	22 Corn Dog Potato Wedges Baked Beans Assorted Fruit (2) Pudding Cup Ice Cold Milk	23 Country Fried Steak Mashed Potatoes w/ Gravy Green Beans Muffin Assorted Fruit (2) Ice Cold Milk	24 Cheese Omelet Pancakes w/ Syrup Hash Brown Cubes Vegetable Juice Assorted Fruit (2) Yogurt Cup Ice Cold Milk	25 Cheese Pizza Cooked Carrots Steamed Broccoli Assorted Fruit (2) Cookie Ice Cold Milk
28 Arroz Con Pollo (Fajita Meat, Queso Blanco Cheese Sauce, Mexican Rice) Salsa Cup Mexican Vegetables Fruit (2) Ice Cold Milk	29 Cheeseburger w/ Lettuce, Tomato, Onion Mixed Vegetables Waffle Fries Assorted Fruit (2) Ice Cold Milk	30 Chicken Tender Wrap w/ Lettuce & Shred Cheddar Nantucket Vegetables Veggie Cup w/ Dip Assorted Fruit (2) Ice Cold Milk	1	2

News

There are 3 ways to make complete reimbursable meal for all students.
Main Tray Line
Salad Bar
Ala Carte

Students may substitute the main entrée for a PB & Jelly Sandwich Kit

Salad Bar
Monday - Thursday
Counts as a reimbursable meal

Due to Delays, Cancellations and Delivery Issues the menu is subject to change. Sorry for any inconvenience this may cause. Thank You

Lunch Served
Northfield High 11:15 am - 12:35 pm
Southwood High 11:15 am - 12:35 pm

Lunch Prices
Reduced \$.40 Paid \$2.60
2nd Lunch Tray \$2.85

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

Visit Our New Facebook Site:
MSDFoodService

Grades 7-8 only due to Calories or Sodium Levels

Grades 9-12 only due to Calories or Sodium Levels