

NOVEMBER | 2019



Jr Sr High Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28

Students may substitute the main entrée for a PB & Jelly Sandwich Kit

Salad Bar
Monday - Thursday
Counts as a reimbursable meal

29

30

31

1

Popcorn Chicken Bowl
w/ Mashed Potatoes & Gravy
Corn
Dinner Roll w/ Marg
Assorted Fruit (2)
Ice Cold Milk

4

Grilled Chicken Patty Sandwich
w/ Bacon, Ranch, Lettuce, Tomato
Baked Beans
Steamed Cauliflower
Assorted Fruit (2)
Ice Cold Milk

5

Bosco Stuffed Breadsticks
w/ Marinara Sauce
Green Beans
Tossed Salad w/ Dressing
Assorted Fruit (2)
Ice Cold Milk

6

Chicken Nuggets
Hash Brown Patty
Scandinavian Vegetables
Dinner Roll w/ Marg
Assorted Fruit (2)
Ice Cold Milk

7

Chili Soup w/ Crackers
Toasted Cheese Sandwich
Baby Carrots w/ Dip
Assorted Fruit (2)
Ice Cold Milk

8

Italian Beef Calzone
Corn
Cheesy Broccoli
Assorted Fruit (2)
Mini Ice Cream Sandwich
Ice Cold Milk

11

Bacon Cheeseburger
w/ Lettuce, Tomato, Onion
Sweet Potato Fries
Brussel Sprouts
Assorted Fruit (2)
Ice Cold Milk

12

Corn Dog
Potato Wedges
Baked Beans
Assorted Fruit (2)
Pudding Cup
Ice Cold Milk

13

Country Fried Steak
Mashed Potatoes w/ Gravy
Green Beans
Muffin
Assorted Fruit (2)
Ice Cold Milk

14

Sausage, Egg, Pancakes w/ Syrup
Hash Brown Cubes
Gold Rush Juice
Assorted Fruit (2)
Yogurt Cup
Ice Cold Milk

15

Cheese Pizza
Cooked Carrots
Steamed Broccoli
Assorted Fruit (2)
Cookie
Milk

18

Salisbury Steak
Mashed Potatoes & Gravy
Corn
½ Breakfast Bread
1 Breakfast Bread
Assorted Fruit (2)
Ice Cold Milk

19

Chicken Quesadilla w/ Salsa
Cooked Carrots
Green Beans
Assorted Fruit (2)
Jell-O w/ Whip Topping
Ice Cold Milk

20

Philly Beef Sub
w/ White Italian Cheese Sauce,
Sauté Green Peppers, Onions
Potato Bites
Key West Vegetables
Assorted Fruit (2)
Ice Cold Milk

21

General Tso's Chicken
On Asian Rice
Spring Chicken Egg Roll
Asian Blend Vegetables
Midori Vegetables
Assorted Fruit (2)
Fortune Cookie
Ice Cold Milk

22

Walking Taco
w/ Nacho Chips, Taco Meat,
Cheese, Lettuce, Onion,
Salsa, Sour Cream
Refried Beans
Assorted Fruit (2)
Ice Cold Milk

25

Thanksgiving Dinner
Turkey
Mashed Potatoes & Gravy
Green Beans
Dinner Roll & Marg
Fruit (2)
Pumpkin Pie w/ Topping
Ice Cold Milk

26

Pepperoni Pizza
Corn
Steamed Broccoli
Assorted Fruit (2)
Pudding Cup
Ice Cold Milk

27

Thanksgiving Break
No School

28

Thanksgiving Break
No School

29

Thanksgiving Break
No School

News

There are 3 ways to make complete reimbursable meal for all students.
Main Tray Line
Salad Bar
A la Carte

Students may substitute the main entrée for a PB & Jelly Sandwich Kit. Just ask cashier if you have any questions.

Due to Delays, Cancellations and Delivery Issues the menu is subject to change. Sorry for any inconvenience this may cause. Thank You

Lunch Served
Northfield High 11:15 am - 12:35 pm
Southwood High 11:15 am - 12:35 pm

Lunch Prices
Reduced \$4.40 Paid \$2.60
2nd Lunch Tray \$2.85

If you receive a free or reduced lunch. You can also receive a free or reduced breakfast. Just contact your school office or school food service department if you have any questions.

Visit Our New Facebook Site:
MSDFoodService

Grades 7-8 only due to
Calories or Sodium Levels

Grades 9-12 only due to
Calories or Sodium Levels